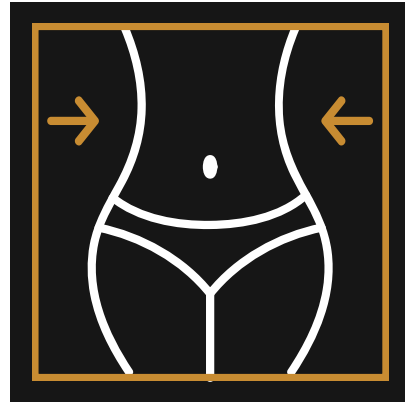




The Science

Disclaimer

None of the statements have been evaluated by the FDA. Furthermore, none of the statements should be construed as dispensing medical advice, making claims regarding the cure of diseases, nor can this product prevent heat stroke, hyponatremia, or any other injurious results of excessive physical exhaustion. You, the customer, must listen to your body and use common sense to avoid serious injury. You should consult a licensed health care professional before starting any supplement, dietary, or exercise program, especially if you are pregnant or have any pre-existing injuries or medical conditions. These statements have not been evaluated by the Food and Drug Administration. This product are not intended to diagnose, treat, cure, or prevent any diseases.



Fat & Weight Loss



The Science behind weight loss.

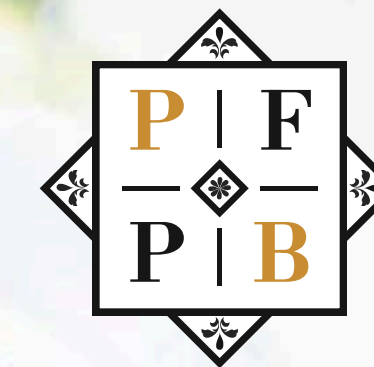
Supported by the following ingredients

- **Flaxseed and fiber** - satiety, digestion and healthy fats (omega 3)
- **Green Tea Extract** - thermogenic
- **Inositol** - metabolic syndrome
- **Quercetin** - may assist to control blood sugar
- **Ashwagandha** - may help to control blood sugar and cortisol
- **Olive Leaf** - may help to control blood sugar
- **Digestive Enzymes, Postbiotic** - may help digestion
- **Velositol** - muscle for faster metabolism
- **Maitake** - may improve Metabolic health
- **Pine Bark** - May assist in controlling blood sugar
- **Creatine** - may help to control blood sugar
- **Resveratrol** - activates AMPK
- **Leucine** - promotes leptin
- **Whey Protein, Milk Protein** - satiety





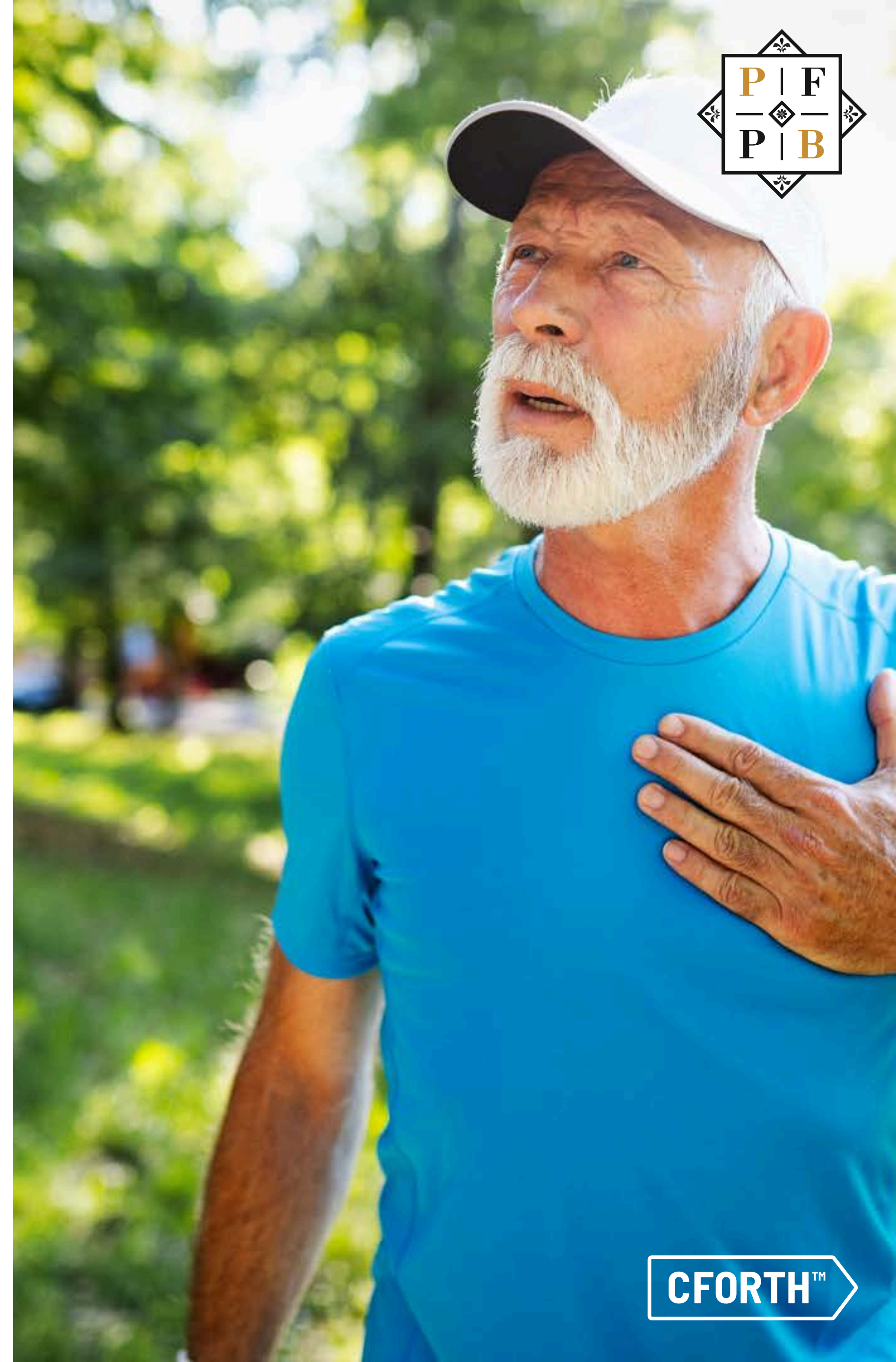
Cardio Health



The Science behind cardio health.

Supported by the following ingredients

- **Olive Leaf Extract** - may lower blood pressure and cholesterol
- **S7** - nitric oxide
- **Hawthorn Berry Extract** - may help to lower blood pressure and cholesterol
- **Resveratrol** - nitric oxide
- **Mushrooms** - cordyceps, may enhance metabolic health - Reishi, metabolic health - Shiitake, may lower stress (cortisol)
- **Grape Seed Extract** - may improve blood flow and blood pressure
- **Pine Bark Extract** - may assist in improving blood flow and blood pressure
- **L-Citrulline** - blood flow



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Muscle Strength



The Science behind Muscle Strength

Supported by the following ingredients

- **Creatine Monohydrate** - boosts protein formation, IGF-1 and cell volumeization of muscle
- **L-Leucine** - increased muscle protein synthesis
- **L-Citrulline** - increases exercise capacity
- **Ashwagandha** - enhances physical performance, strength and oxygen
- **Velositol** - improves strength, muscle fibers, explosive power
- **Whey & Milk Protein** - muscle protein synthesis, essential amino acids
- **Green Tea** - exercise performance and recovery
- **Quercetin** - recovery
- **Grapeseed** - recovery
- **Digestive Enzyme** - more nutrients from food
- **Postbiotic** - more nutrients from food



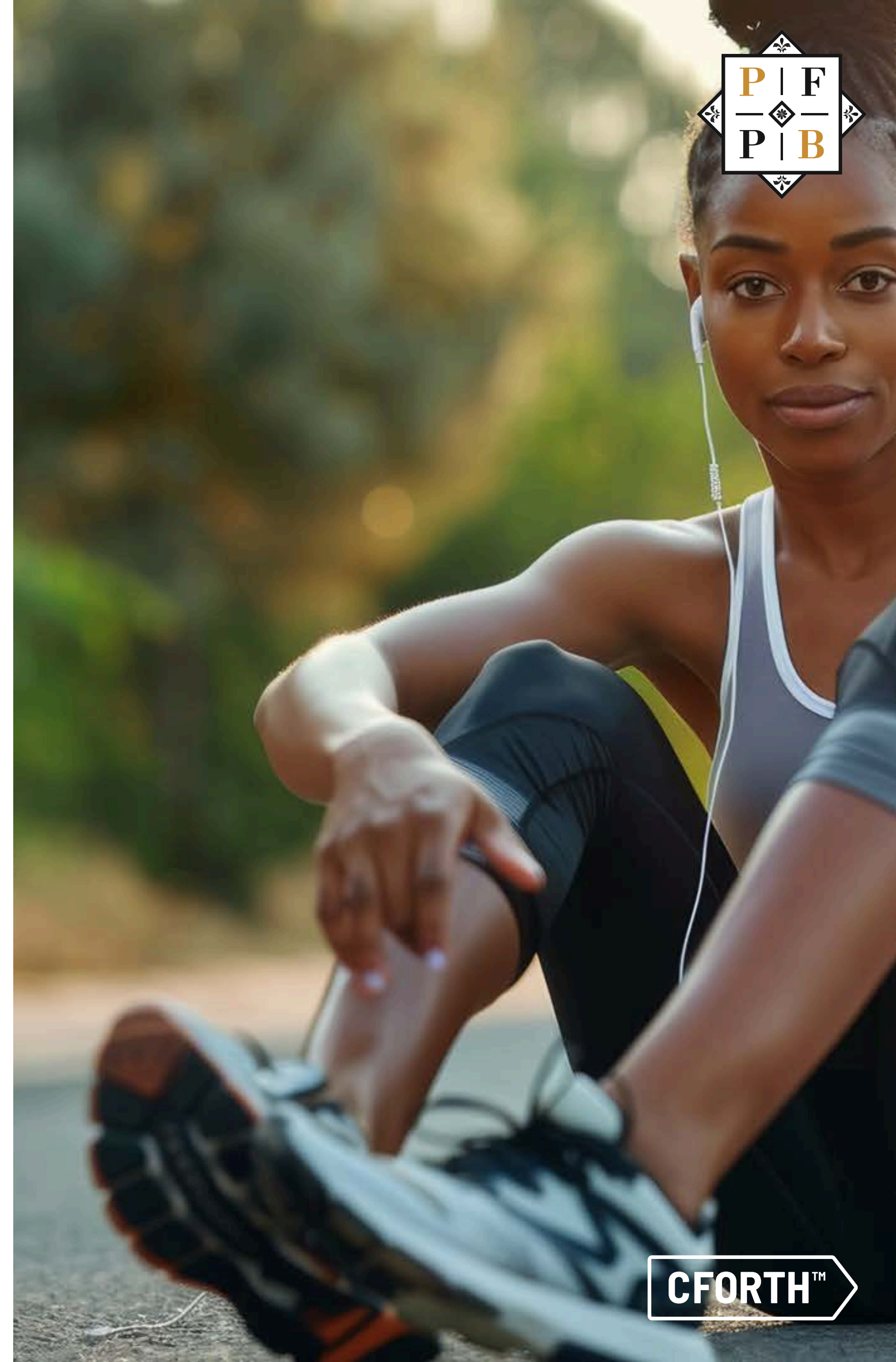


Endurance & Recovery

The Science behind Endurance & Recovery

Supported by the following ingredients

- **Cordyceps Mushroom** - endurance, oxygen delivery and ATP synthesis
- **L-Citrulline** - increases exercise capacity and blood flow)
- **Creatine Monohydrate** - increases ATP
- **L-Leucine** - muscle protein synthesis and recovery
- **Ashwagandha** - recovery and VO2 max
- **Whey** - muscle protein synthesis, recovery, essential amino acids
- **Milk Protein** - muscle protein synthesis, recovery, EAA and bioactive peptides
- **Green Tea Extract** - recovery from reduced oxidative stress
- **Fiber** - blood sugar control and digestion
- **Inositol** - blood sugar control
- **Quercetin** - endurance, recovery and blood sugar control
- **Olive leaf** - blood flow, nitric oxide, blood sugar control
- **Grapeseed** - blood flow, wound healing, recovery
- **Digestive Enzymes** - nutrient absorption
- **Postbiotic** - nutrient absorption



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Gut Health



The Science behind Gut Health

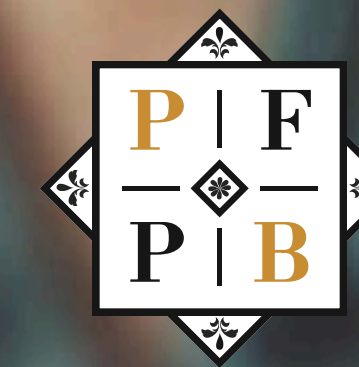
Supported by the following ingredients

- **Flaxseed** - digestion, nutrient absorption
- **Fruits and Vegetables** - better digestion and absorption
- **Hawthorn Berry Extract**
- **Mushrooms - Reishi, Shiitake** - adaptogens, overall metabolic health
- **Olive Leaf Extract** - gut health
- **Digestive Enzymes, Postbiotic** - nutrient absorption, helps leaky gut





Cholesterol & Blood Sugar



The Science behind Cholesterol & Blood Sugar

Supported by the following ingredients

- **Olive Leaf Extract** - positive effect on arteriosclerosis, lowers cholesterol
- **Hawthorn Berry Extract** - improves cholesterol levels and heart function
- **Grape Seed Extract** - reduced oxidative damage (cholesterol)
- **Vitamin K2**
- **Pine Bark** - balances blood sugar
- **Resveratrol** - positively affects blood fats, decreases bad cholesterol, increased good cholesterol, increases insulin sensitivity
- **Flaxseed & Fiber blend** - blood sugar, lowers cholesterol
- **Mushrooms - Reishi, Shiitake** - metabolic health





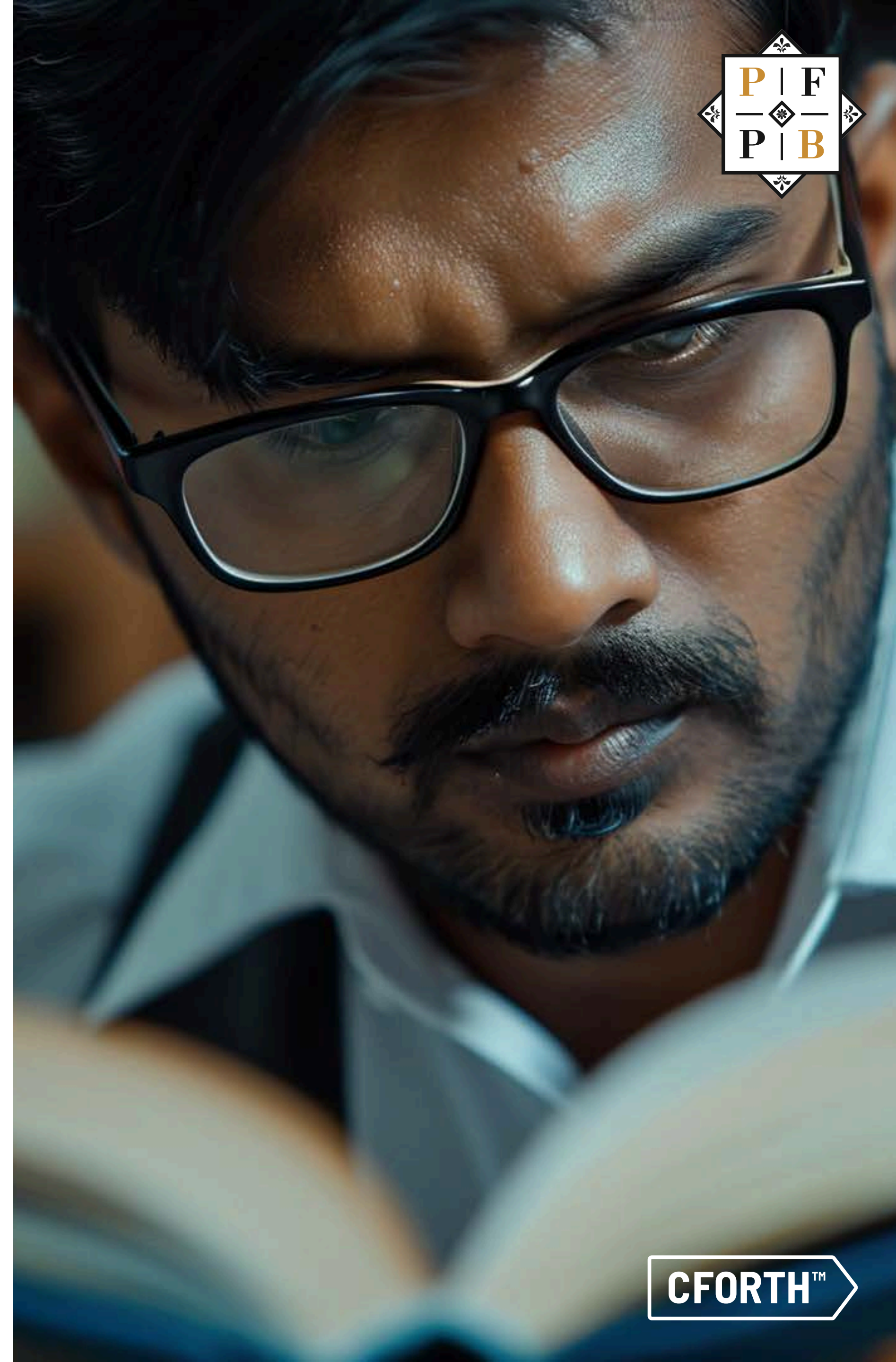
Cognitive Health

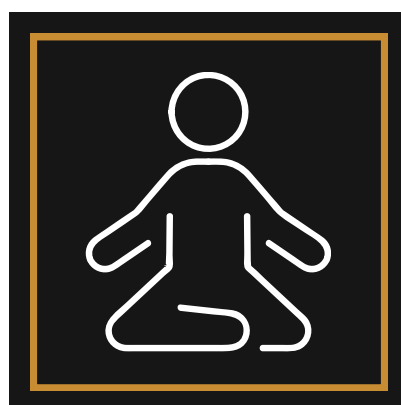


The Science behind Cognitive Health

Supported by the following ingredients

- **Lion's Mane Mushroom** - may assist in memory and cognition
- **Ashwagandha** - may reduce stress, improve cognitive functioning, executive functioning, attention, reaction time, performance on cognitive tasks, immediate and general memory, attention, and information-processing speed
- **Pine Bark Extract** - may boost healthy brain functioning, antioxidant, reduce oxidative stress
- **Creatine Monohydrate** - may help the ATP synthesis
- **MCT** - assisting to fuel the brain
- **Quercetin** - antioxidant, anti-inflammatory, may help protect against brain disorders
- **Resveratrol** - may protect telomeres, antioxidant, anti-inflammatory, may interfere with beta amyloids
- **Vitamins and Minerals**
- **Ashwagandha** - may help to reduce stress, anxiety, depression, and may improve cognition and increase oxygenation
- **Green tea** - EGCG may protect from oxidative stress, decreases heavy metal actions, increased brain function, improve task performance
- **Grape Seed Extract** - improved blood flow, antioxidant, anti-inflammatory, inhibit beta-amyloid peptides
- **L-citrulline** - helps to utilize and maximize oxygen and blood flow for improved cognition





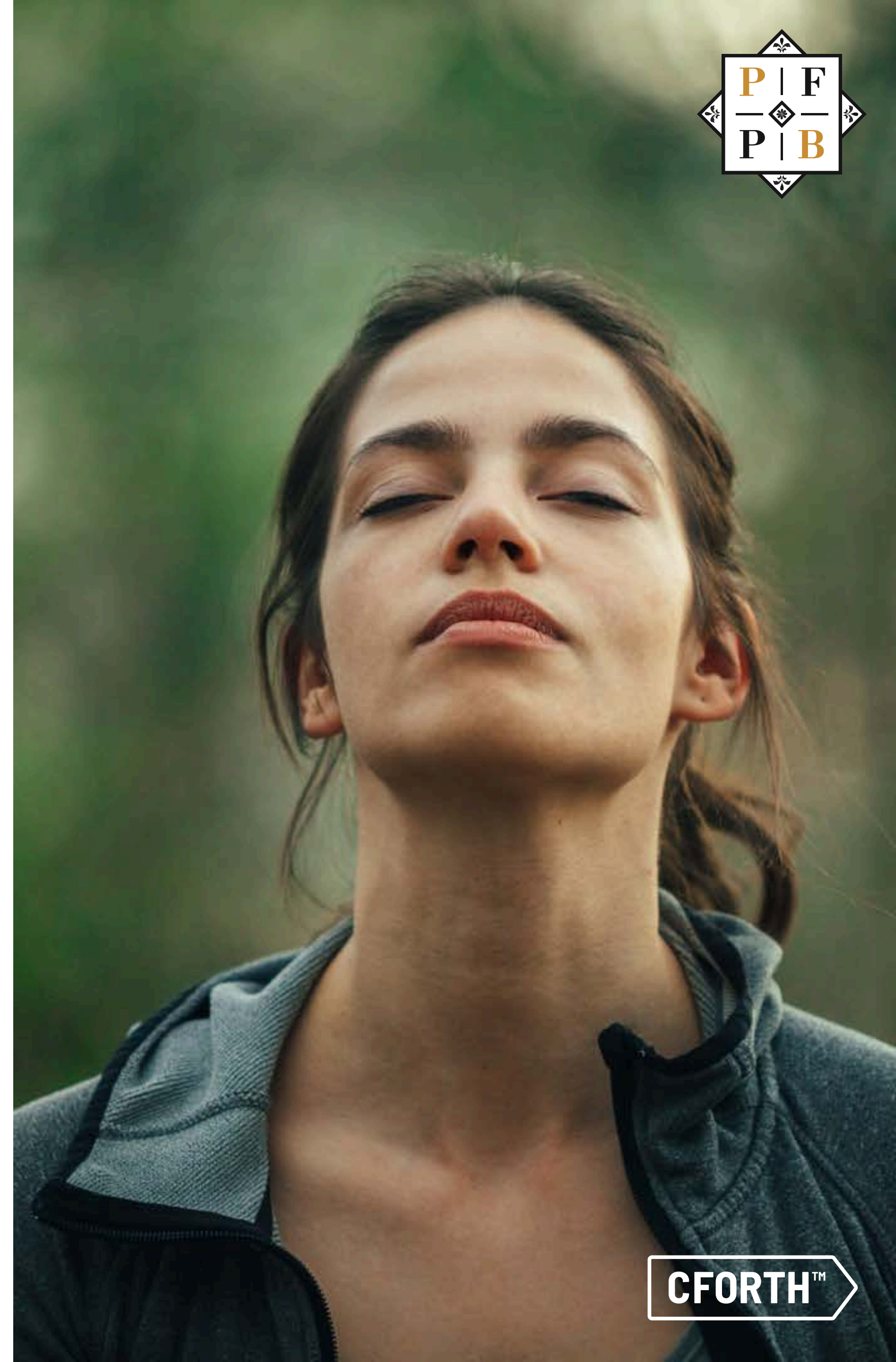
Mood & Stress Levels



The Science behind Mood & Stress Levels

Supported by the following ingredients

- **Ashwagandha** - reduces stress, anxiety, cortisol, depression. Improves sleep quality
- **Inositol** - lowers anxiety, improves sleep
- **Lion's Mane Mushroom** - improves mood and sleep, reduces depression and anxiety
- **MCT** - brain fuel
- **Creatine** - increases ATP, phosphocreatine stores, dopamine, memory and recall ability
- **Vitamins & Minerals** - improve mood and reduce anxiety
- **S7** - increases ATP-fuels the brain
- **Green Tea** - EGCG protects cells from oxidative damage
- **Resveratrol** - contains polyphenols which are high in antioxidants and protects the brain
- **Quercetin**



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Immune Health



The Science behind Immune Health

Supported by the following ingredients

- **Mushrooms - Reishi, Shiitake, Turkey Tail** - may balance and restore immune system, and reduce systemic inflammation
- **Quercetin** - high in antioxidants, reduces inflammation, increase zinc absorption to boost immune system
- **Pine bark** - high in antioxidant, reduces time of colds and boosts overall immunity
- **Hawthorn berry** - rich source of polyphenols that boost immune system
- **Green Tea** - powerful antioxidant EGCG
- **Vitamins & Minerals**
- **Fruits & Vegetables**
- **L-Citrulline** - helps fight off infections
- **Whey Protein** - boosts glutathione production, primary antioxidant
- **Digestive Enzymes, Postbiotics** - supports the immune system





Skin & Hair

The Science behind Skin & Hair

Supported by the following ingredients

- **Resveratrol** - telomere length, antioxidant, anti-inflammatory
- **Inositol** - boost growth, reduce frizz, healthier hair
- **Biotin** - nutrient with highest levels in hair
- **Green Tea** - improves skin health, elasticity, moisturizing. Lowers sun damage, acne, bumps
- **Grape Seed Extract** - improves collagen synthesis, increased blood flow, reduces oxidative damage
- **Olive Leaf Extract** - increased blood flow, reduces oxidative stress
- **Mushrooms - Antrodia, Chaga, Royal Sun Agaricus, King's Trumpet, Reishi, Shiitake, Turkey Tail** - antioxidant, lowers oxidative damage
- **Flaxseed** -Omega 3 fatty acids
- **Hawthorn** - blood flow, antioxidant, anti-inflammatory, reduces signs of aging
- **Pine Bark Extract** - antioxidant, blood flow, reduces inflammation and sun damage
- **Fiber** - improves beneficial bacteria
- **Postbiotic, Digestive Enzymes.**



Supplement Facts

Serving Size: 2 scoops (42 g)
Servings per Container: 20

	Amount per Serving	% Daily Value
Calories	130	
Total Fat	3 g	4%†
Saturated Fat	3 g	15%†
Cholesterol	25 mg	8%
Total Carbohydrate	12 g	4%†
Dietary Fiber	7 g	25%†
Total Sugars	2 g	*
Includes <1 g Added Sugars		1%†
Protein	15 g	30%†
Vitamin A (as retinyl palmitate)	900 mcg	100%
Vitamin C (as ascorbic acid)	91 mg	101%
Vitamin D (as cholecalciferol)	20 mcg (800 IU)	100%
Vitamin E (as d-alpha-tocopheryl succinate)	15 mg	100%
Vitamin K (as phyloquinone)	120 mcg	100%
Thiamin (as thiamin hydrochloride)	1.2 mg	100%
Riboflavin	1.3 mg	100%
Niacin (as niacinamide)	16 mg	108%
Vitamin B6 (as pyridoxine hydrochloride)	1.7 mg	100%
Folate	665 mcg DFE	166%
	400 mcg Folic acid	
Vitamin B12 (as cyanocobalamin)	25 mcg	1042%
Biotin	30 mcg	100%
Pantothenic acid (as D-calcium pantothenate)	5 mg	100%
Choline (as choline bitartrate)	20 mg	4%
Calcium	370 mg	28%
Iron	20.7 mg	115%
Phosphorus	60 mg	5%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	200 mg	48%
Zinc (as zinc oxide)	11 mg	100%
Selenium (as selenium glycinate complex)	55 mcg	100%
Copper (as copper gluconate)	0.9 mg	100%
Manganese (as manganese sulfate)	2.3 mg	100%
Chromium	1000 mcg	2857%
Molybdenum (as sodium molybdate)	45 mcg	100%
Sodium	140 mg	6%
Potassium (as potassium citrate)	130 mg	3%

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

Tracking: 3105524P8401

Store in cool & dry place

Supplement Facts

Serving Size: 2 scoops (42 g)
Servings per Container: 20

	Amount per Serving
Flaxseed powder (omega 3)	1000 mg*
Inositol	25 mg*
Quercetin dihydrate (from <i>Sophora japonica</i> flower)	25 mg*
Japanese knotweed extract(root)(<i>Polygonum cuspidatum</i>) (50% resveratrol)	25 mg*
Ashwagandha root, stem & leaf extract	25 mg*
Olive leaf extract	25 mg*
Green Tea leaf extract (90% polyphenols, 45% EGCG)	25 mg*
Fruit and Vegetable blend	500 mg*
Fruits [apple fruit, blueberry pomace, raspberry pomace, blueberry fruit, grape pomace, amla fruit, pineapple fruit juice, tomato fruit, orange fruit juice, cherry fruit juice, lemon fruit juice, cranberry fruit, pear fruit juice, noni fruit, blackcurrant fruit juice, goji (<i>Lycium barbarum</i>) berry juice, papaya fruit juice, acai (<i>Euterpe oleracea</i>) berry juice, peach fruit, elderberry fruit, pomegranate fruit juice, blackberry fruit, strawberry fruit juice]	
Vegetables [spinach leaf, broccoli florets, carrot root, spirulina, sweet potato root, cabbage leaf, green pea bean, zucchini fruit, ginger root, beet root, kale leaf, onion bulb, garlic bulb, green bell pepper fruit, red bell pepper fruit, reishi mushroom, shiitake mushroom, maitake mushroom, barley sprout, broccoli sprout, cauliflower florets, chlorella].	
Organic 10 Mushroom blend	50 mg*
<i>Agaricus blazei</i> , <i>Antrodia camphorata</i> , Chaga (<i>Inonotus obliquus</i>), <i>Cordyceps militaris</i> , King Trumpet (<i>Pleurotus eryngii</i>), Lion's Mane (<i>Hericium erinaceus</i>), Maitake (<i>Grifola frondosa</i>), Shiitake (<i>Lentinula edodes</i>), TurkeyTail (<i>Trametes versicolor</i>) and Reishi (<i>Ganoderma lucidum</i>).	
S7 Blend	50 mg*
Green coffee bean extract, green tea leaf extract, turmeric root extract, blueberry fruit, broccoli florets, tart cherry fruit, kale leaf.	
Grape seed extract (95% proanthocyanidins)	50 mg*
Hawthorne Berry extract (2% vitexin)	50 mg*
Pine Bark extract (95% proanthocyanidins)	50 mg*
L-Citrulline	1000 mg*
L-Leucine	2000 mg*
Creatine monohydrate	3000 mg*
Vitamin K2 (as menaquinone-7)	90 mcg*
Medium chain triglycerides (MCT) oil powder	3571 mg*
PoZibio™ <i>Lactobacillus paracasei</i>	50 mg*
Fiber Blend Fiberest™ resistant dextrin, oat hull fiber, pea fiber, psyllium seed husk, xanthan gum, microcrystalline cellulose, apple pectin.	7.5 g*
Protein blend Milk protein concentrate, whey protein concentrate.	18.5 g*
Digestive Enzyme Blend	50 mg*
Amylase, protease 4.5, phytase, beta-glucanase, xylanase, bromelain, cellulase, pectinase, alpha-galactosidase, hemicellulase, lipase.	
Protein Booster	2000 mg*
VELOSITOL® amylopectin chromium complex consisting of amylopectin from waxy maize, chromium histidinate and chromium picolinate.	

Other ingredients: Natural flavors, rebaudioside M (from sugarcane), sea salt, dicalcium phosphate, potassium citrate, ferrous fumarate. **Contains:** Milk, Soy.

